



CITY OF OAKLAND

MAYOR'S COMMISSION ON AGING **SPECIAL MEETING**

Wednesday, October 1, 2025

10:00 a.m. – 12:00 p.m.

Downtown Oakland Senior Center (DOSCC) - 200 Grand Ave, Oakland CA, 94610

IN-PERSON MEETING

Members of the public participating in the meeting must attend in-person.

PUBLIC WEBCASTING

The public may observe this meeting remotely.

To view the meeting live on KTOP or on the City website:

<https://www.oaklandca.gov/topics/ktop-tv-10>

To observe the meeting by video conference, join from PC, Mac, iPad, or Android:

<https://us06web.zoom.us/j/82231105391>

To listen to the meeting by phone, dial:

+1 669 444 9171 US **ZOOM ID:** 822 3110 5391

PUBLIC COMMENT

Join Us in Person, submit a separate speaker card for each item on the agenda to the commission clerk before the item is called.

Email Written Comments to MCOA@Oaklandca.gov. Written comments must be submitted at least 24 hours prior to the meeting time to be delivered to the commissioners.

Questions, please email the Mayor's Commission on Aging at: mcoa@oaklandca.gov

This meeting location is wheelchair accessible. To request disability-related accommodations or to request an ASL, Cantonese, Mandarin, or Spanish interpreter, please email MCOA@oaklandca.gov or call TDD/TTY (510) 238-3254 at least five working days before the meeting.

Commissioners: Robert “Bob” Scott (Chair), Blake Spears (Vice-Chair), Suzi Kalmus, Jacqueline Johnson, Lisa Malul, Brandon Hemphill, Lenore Gunst

Human Services Department (HSD) Commission Staff: Ana Bagtas, Aging and Adult Services Manager; Marshay Boyd, Commission Clerk

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AGENDA

1. Call To Order
2. Roll Call/Determination of Quorum
3. Adoption of Agenda
ACTION ITEM:
4. Approval of July 2, 2025 and September 3, 2025 Meeting Minutes
ACTION ITEM:
5. Public Comment (Specific Agenda Items, limit of two minutes)
6. Presentation: Increasing Access to Services and Resources through Information and Transportation-
Presenters: City of Oakland Information and Assistance, Oakland Paratransit for the Elderly and Disabled, and East Bay Paratransit (invited)
7. Chair’s Announcements/Reports – *Robert Scott, MCOA Chairperson*
8. Human Services Department/Aging & Adult Services Report – *Ana Bagtas, Aging and Adult Services Manager, HSD*
9. Update on the 5-Year Strategic Action Plan: *Ana Bagtas, Aging and Adult Services Manager, HSD*
10. Advocacy Updates: *Lenore Gunst, MCOA Commissioner*
11. MCOA Orientation/Presentations to Senior Center Advisory Councils
12. Open Forum (Limit of two minutes)

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13. Closing Remarks & Adjournment

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University of San Francisco School of Nursing & Health Professions and City of Oakland Partnership

Enhancing the Health & Wellness of the City of
Oakland's Aging & Adult Community: Design and
Innovation

September 3, 2025



USF & SONHP Mission

USF Mission

To Change the World for Better

SONHP Mission

To improve the health of all populations through equitable & compassionate service, values-driven research, and innovative nursing & health professions education preparing leaders to use their hearts, minds & souls to change the health of the world.



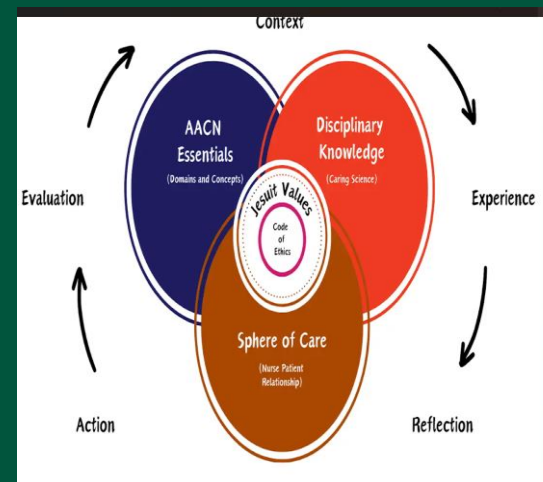
Professional & Educational Foundation

1		Knowledge for Nursing Practice
2		Person-Centered Care
3		Population Health
4		Scholarship for the Nursing Discipline
5		Quality and Safety
6		Interprofessional Partnerships
7		Systems-Based Practice
8		Informatics and Healthcare Technologies
9		Professionalism
10		Personal, Professional, and Leadership Development
11		Integration of Jesuit Values in Nursing Practice

AACN Essentials



Caring Science Theory



USF SONHP
Curriculum
Transformation
Conceptual Model

USF & City of Oakland

Targeted Outcomes

- 1) Health & **Safety** (Healthier Communities & Quality of Life)
- 2) Engaged and Confident Seniors
- 3) Alleviate the stresses of today's world
- 4) Combat social isolation

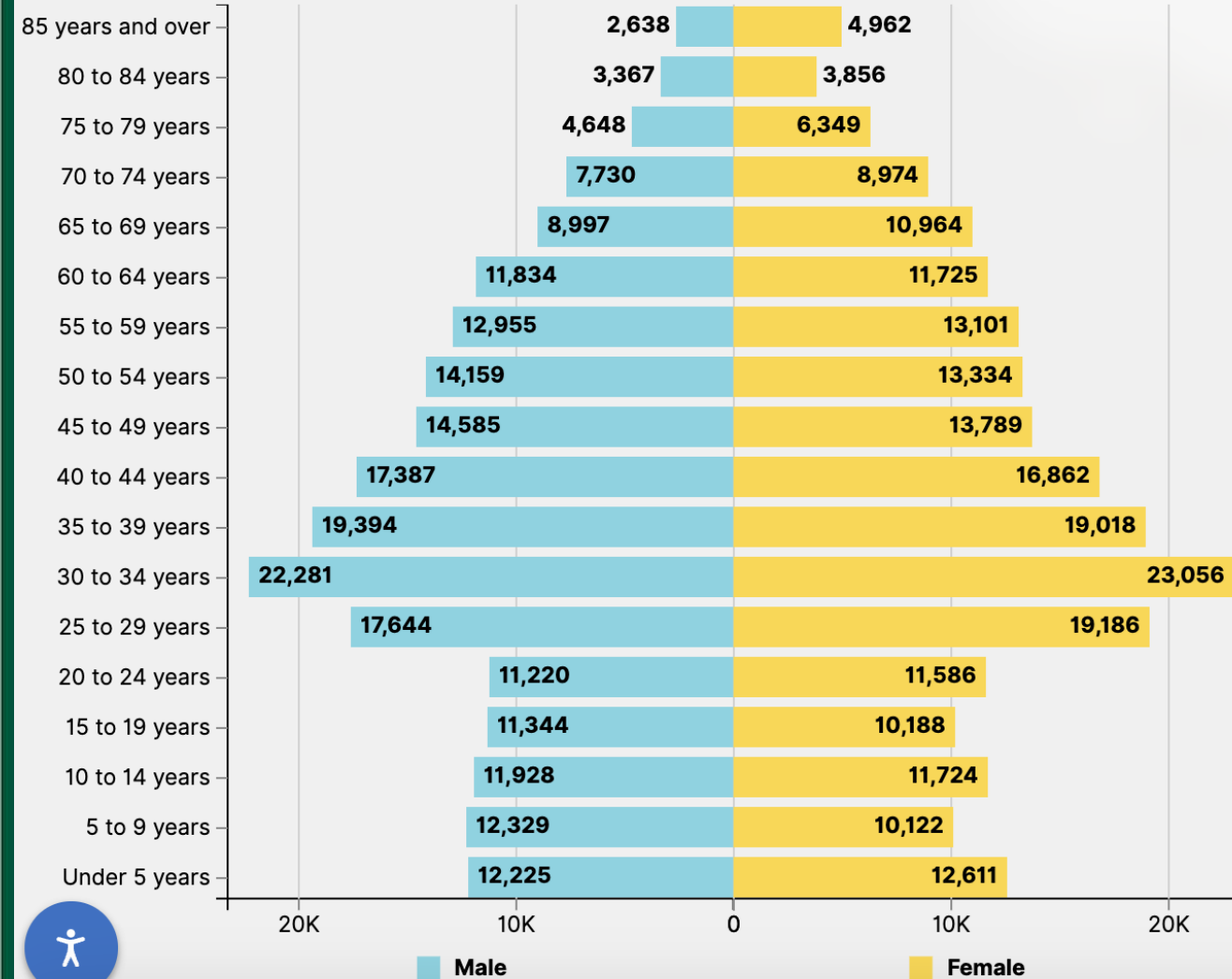
- **Safer neighborhoods**
- Connected Seniors/Clients
- Better informed Seniors/Clients
- Enhanced mobility (physical and transportation)
- Build a strong community → relationships
- Better health management /care plan
- Increase senior hub members' and community involvement
- Better understanding of the system → advocacy strategies
- Build trust (neighborhood watch and ambassadors)



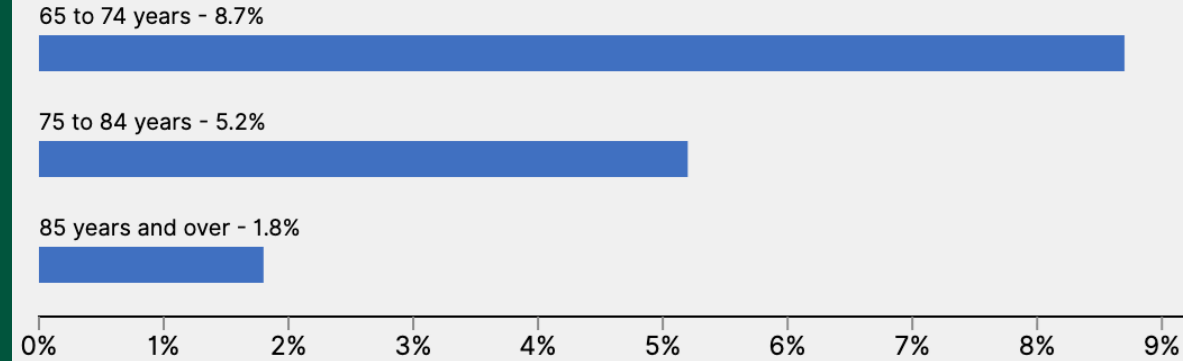
Violence among Older Adults

Demographics, Age

Oakland city, California



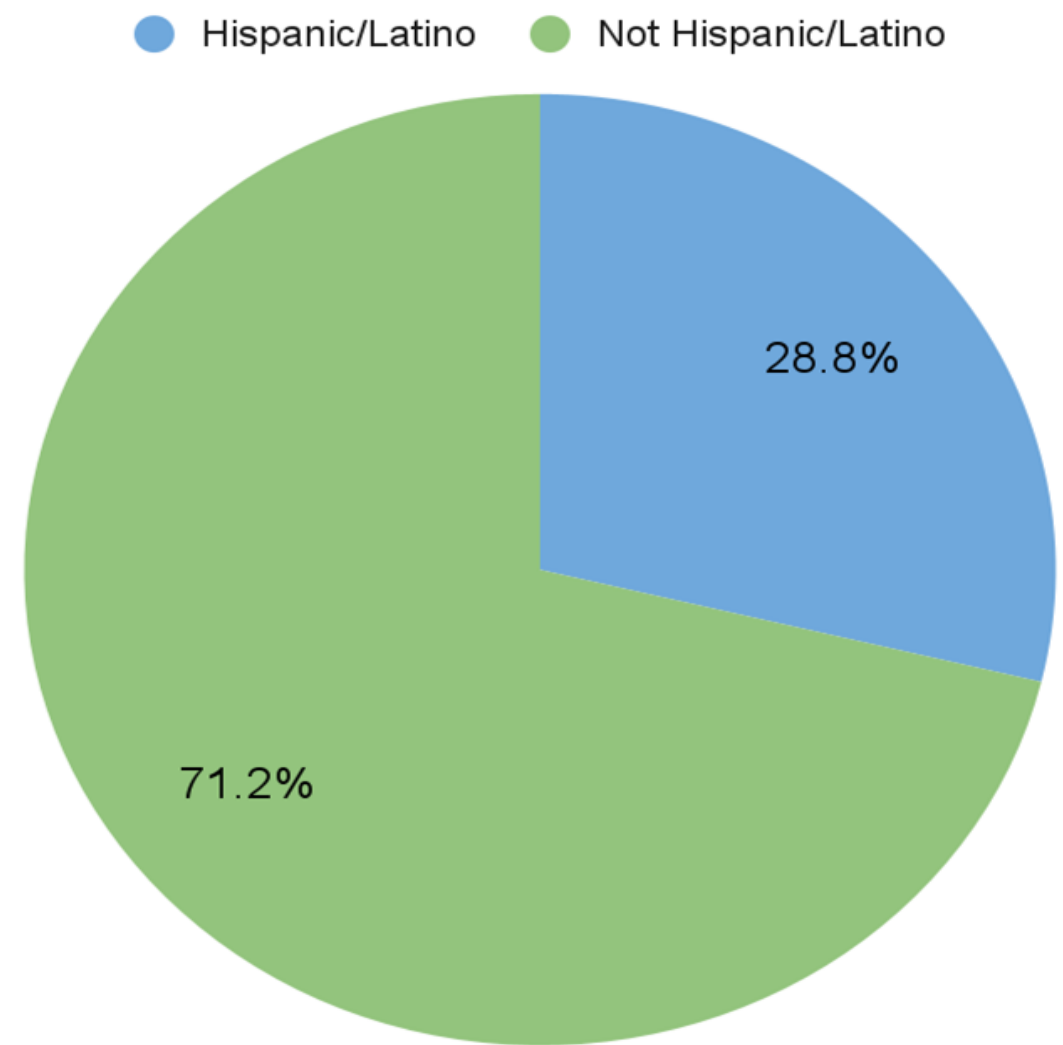
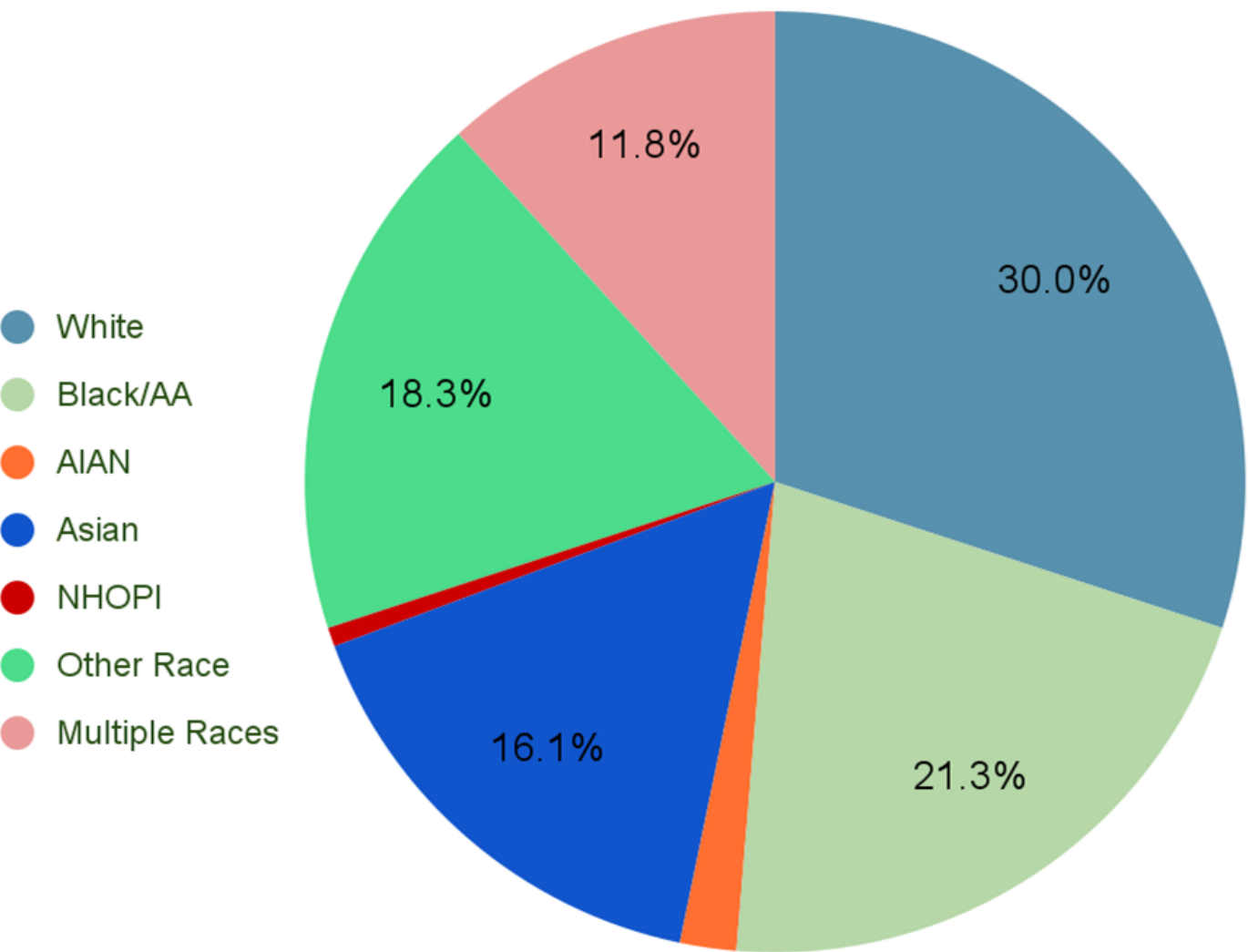
Older Population by Age
in Oakland city, California



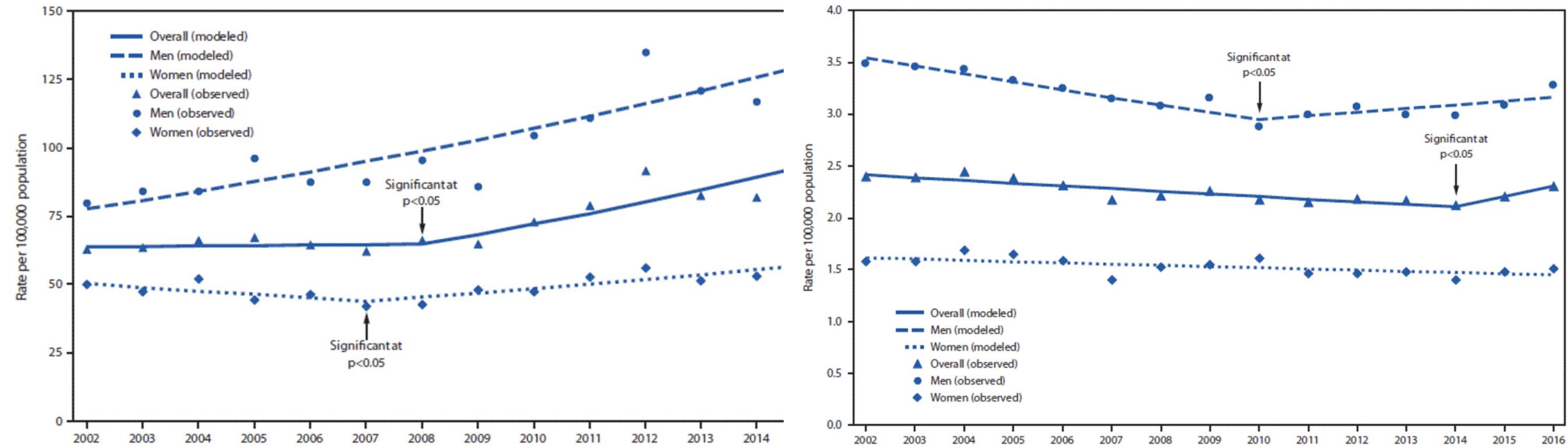
- By 2030, 25% of Alameda County will be older adults
- By 2060, older adults in Alameda County are projected to comprise almost a third of the population with the most significant growth among those 85+



Demographics, Race/Ethnicity

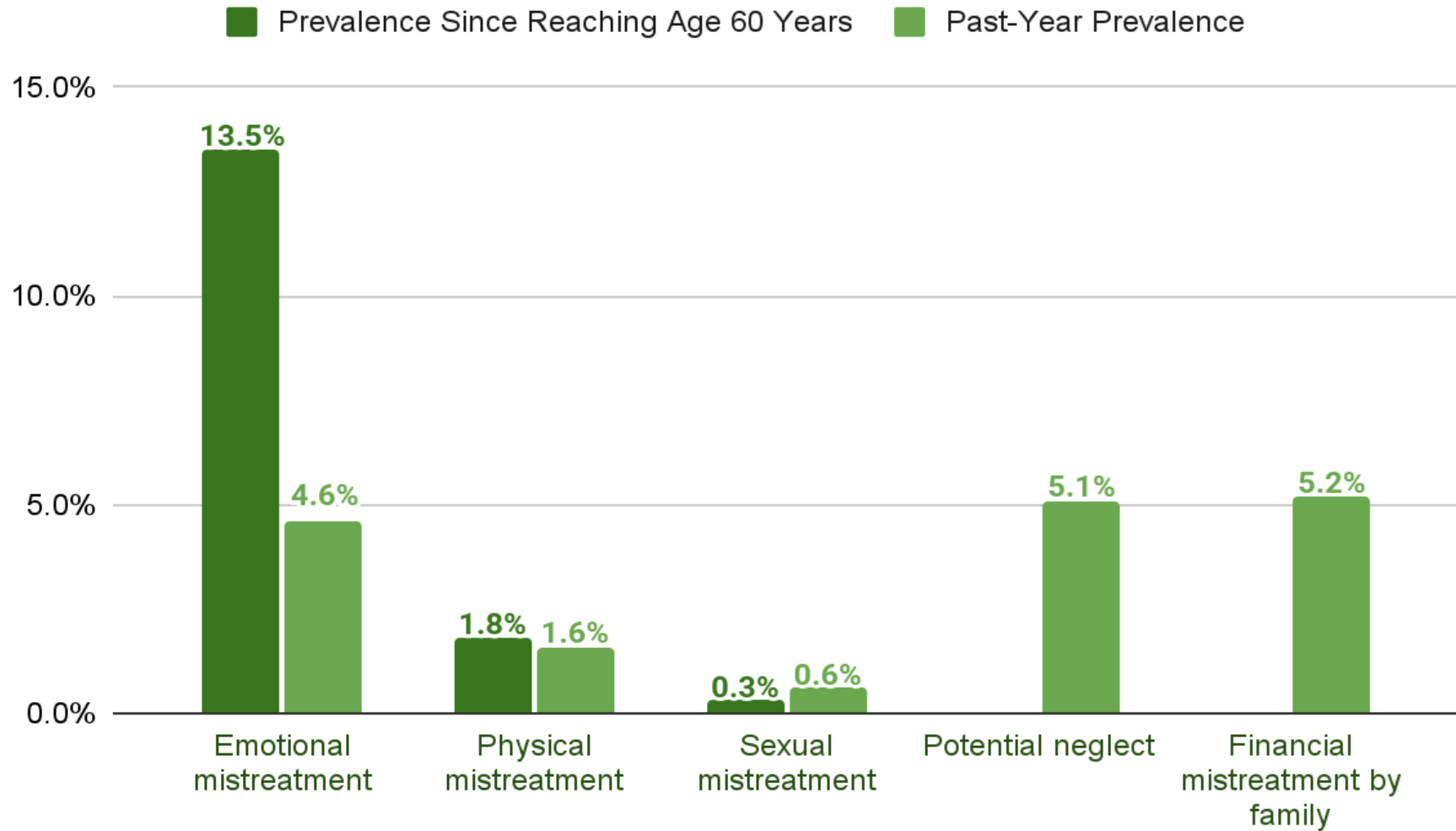


Nonfatal assaults and homicides among older adults over time



- Nonfatal assault rate increased 75.4% among men and 35.4% among women
- Overall homicide rate declined 12.8%, yet in the later years, the homicide rate increased by 7.1% among men and 19.3% among older men aged 60-69 years

Prevalence of Mistreatment Types: The Prevalence of Mistreatment of Older Adults using the National Elder Mistreatment Study



- **13.5% experienced emotional abuse**
- **Almost 2% experienced physical mistreatment**
- **Over 5% experienced neglect**
- **Over 5% experienced financial mistreatment by family members**

Additional Concerns

Racial/ethnic and gender disparities

- More limited data on older adults
- Stigma
- COVID-19 pandemic effects
- Polyvictimization

Addressing the problem

Social support

- Community resources
- Improved housing that maximizes communal interaction
- Familial and community programs to connect seniors to family and neighbors
- Affordable transportation

Previous trauma

- Screening
- Treatment
- Awareness

Society, Healthcare Professionals & Health Care Educators Developing a Competent Health Workforce: **A Call to Action!**

Key steps include:

1. Require health professional training and education in working with older adults.
2. Work with policy makers to advocate for a community that supports healthy aging.
3. Shift societal views of aging and mitigate ageism.

National Academy of Medicine (Maxwell et al., 2025)



University of San Francisco School of Nursing & Health Professions

Collaborations & Opportunities

Public health is
“what society does
collectively to assure
the conditions for
people to be healthy.”

Institute of Medicine



Potential collaborations

Needs assessment & program evaluation

- e.g. identification of priorities and gaps; quality improvement

Health education & promotion

- e.g., digital health literacy, nutrition, mobility, aging in place

Social engagement & support

- e.g. civic engagement, intergenerational connections, caregiver support

Navigating access to resources

- e.g. healthcare, insurance, food security, housing

Policy advocacy

- e.g., Medicare, SS, affordable housing

Grantwriting

- e.g. literature search, data analysis and visualization

Nurse-Led Clinics: Design

Definition: Wong and Chung (2006) defined nurse-led clinics as a formalized and structured healthcare delivery mode that involves a nurse and a client, where the nurse can work independently or interdependently, with other members of the multidisciplinary healthcare team (Wong & Chung, 2006).

- **Settings:** community, school, church, primary care, employer-based
- **Services:** Primary Care, Health Assessment, Prevention and Wellness Education, triage/referral, care coordination
 - At Risk Populations
 - Purpose: increase access to care and decrease cost
 - Today: Aging population and chronic disease management
- **Providers:** Nurses, Nurse Practitioners, Public Health
 - Vital Role

NURSE-LED CLINICS: OUTCOMES



Increase Access to
Care



Improve Health
Outcomes



Increase Satisfaction



Decrease Cost

Connolly C., Cotter P. (2023). Effectiveness of nurse-led clinics on healthcare delivery: An umbrella review. *Journal of Clinical Nursing*, 32(9-10), 1760–1767. <https://doi.org/10.1111/jocn.16186>

USF Public Health & Nursing Students in Action



Health & Wellness
Education



Blood Pressure Clinic



Foot Clinic



Wound Clinic

Next Steps

- **Develop plan and address violence & safety** impacting seniors and adults in the City of Oakland
- **Strategic collaboration** with the City of Oakland (a WHO Age Friendly City) Oakland Health & Wellness Senior Centers and University of San Francisco (USF) (an Age-Friendly University) to create sustainable community partnerships.
- Development of a **task force to identify actionable deliverables** including the City of Oakland's Human Services Department, Aging & Adult Services division, the City of Oakland's Mayor's Commission on Aging, and the USF School of Nursing and Health Professions and other transdisciplinary departments.

Partnership & Co-Design

Enhancing the Health & Wellness and
Safety of the City of Oakland's Aging &
Adult Community: Design and Innovation...

IN ACTION!

