

# Don't Pour Fats, Oils, and Grease Down the Drain!

Fats, Oils and Grease (FOG) are a natural part of our food. FOG includes: cooking oils, shortening, dairy products, sauces and salad dressings. FOG blocks sewer lines and may cause overflows into your property, your neighborhood and the Bay.

Follow these tips from the City of Oakland:

- Pour cooled FOG into an empty cardboard cereal or other sturdy paper to-go box
- Remove remaining FOG by scraping greasy pans and absorbing oil with a paper towel
- Dispose of these items in your compost cart

**To drop off large amounts of used cooking oil, or for more information about FOG, visit [oaklandca.gov/topics/fats-oils-and-grease-fog](http://oaklandca.gov/topics/fats-oils-and-grease-fog)**





Image courtesy of Sacramento Area Sewer District

# WIPES CLOG PIPES

Prevent messy, costly overflows –  
Flush only toilet paper!

**Please throw all wipes in the trash.**



**Report Sewer Overflows –  
Call 311 or (510) 615-5566**

For more information:  
[oaklandca.gov/topics/sanitary-sewers](http://oaklandca.gov/topics/sanitary-sewers)

