



AGE FRIENDLY CITIES

Oakland Commission on Aging

Livable Oakland
Work Plan Update
March 2023



30% of Oakland Residents are over 55

And the over 85 population is due to
increase by 400% by 2060



Age Friendly Cities

- World Health Organization – AARP
- One territory and 440 communities are signed up
- California became 8th state in nationwide network
- California, Alameda County, **Oakland**, Richmond, Berkeley, San Leandro, Emeryville are all working on this



Creating an Age-Friendly Oakland

Livable communities for all ages



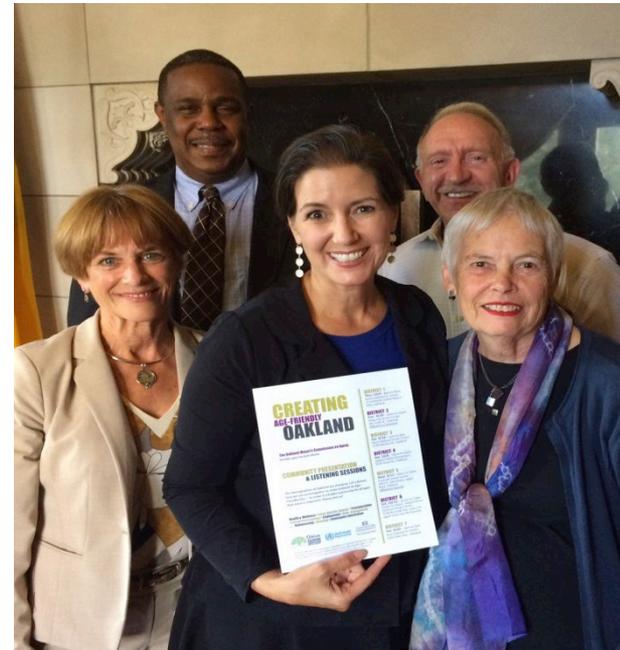
Eight Age-Friendly Domains for Livable Cities

1	Health & Wellness: Do supports and services provided within communities work to maintain health, independence and quality of life?
2	Outside Spaces & Parks: Does the outside environment and public building space interact with individuals to support aging?
3	Transportation: Do older adults have access to transportation and the ability to move around within their communities?
4	Social Participation & Inclusion: Do seniors have access, information and the ability to participate in leisure, social, cultural and spiritual activities in the community that build relationships?
5	Volunteering & Civic Engagement: Are there accessible opportunities to volunteer and engage in the community political process?
6	Community Information: Do people receive timely, practical information to manage their lives, attend events, stay connected and be informed about emergency preparedness??
7	Employment & Learning: Do older adults have access to learning or employment opportunities if they wish to pursue them?
8	Housing: Are seniors safe and sheltered and do they have a choice of housing design and location if their needs change?

Brought to you by the Oakland Mayor's Commission on Aging

2017 Initial Partners

- **Oakland Mayor Libby Schaaf**
- **Mayors Commission on Aging**
- **Center for Elder's Independence**
- World Health Organization/AARP
- SPUR
- EBALDC



Exciting Work



2018

Listen

- Create Livable Oakland Team
- Meet with Mayor
- District Listening Sessions
- Online/paper survey

2019

Learn & Prioritize

- Identify priorities
- Share with leaders/partners
- PUC Grant
- Host AARP Roundtable

2020

Create Action Plan

- Commission Sub committees
- Action planning
- SMART goals



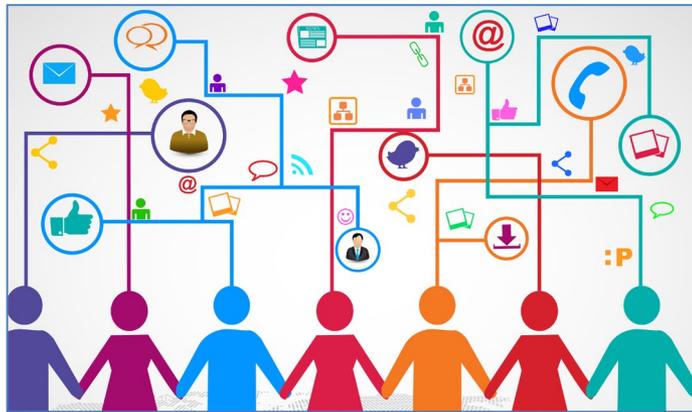
Findings Helped Set Priorities



Health & Wellness



Housing



Communication



Open Spaces

Communication Work Group

Commission Co-leads

Dianna Garrett (c)

Ristina Ingram(c)

Priorities:

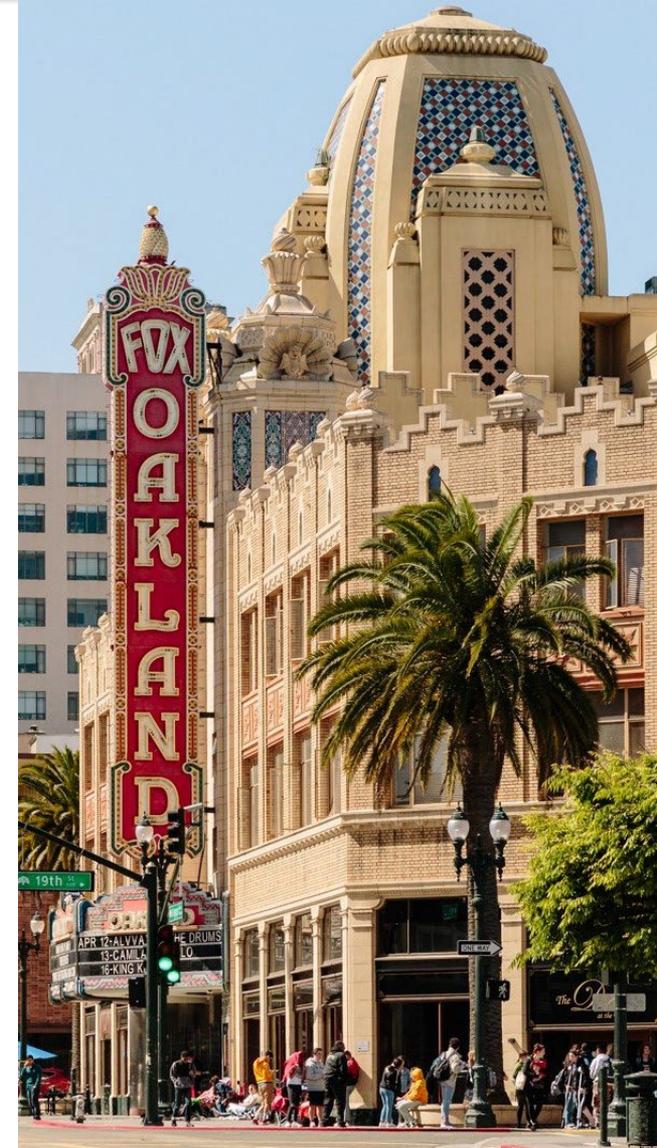
- Cut through communication silos and support centralized resource for information for seniors
- Support information distribution in all languages and formats that seniors need

Goals:

1. Pilot a centralized communication platform that can reach all Oakland senior residents
2. Seek permanent funding to support effort

Work Group Stakeholders

St Mary's
Eden I & R
City of Oakland Aging and Adult Services
Alameda County Commission on Aging
League of Women Voters
Senior Affordable Housing Communities
City of Oakland Senior Centers
Vietnamese Senior Center
Unity Council
Community Tech Network
Family Bridges
SOS Meals on Wheels
City of Oakland Emergency Operations Plan
North Oakland Village
Various District City Council staff



Budget

- \$184,266 for two year pilot
- Council can direct new funds
- **Council could direct up to \$200,000 of Sugar Sweet & Beverage funds as a direct distribution to Eden I&R for this project**



2023 Work

Jan – May:

- Finalize budget (March)
- Meet with Council (March)
- Contracting process (April/May)

June – October:

- Data inventory and structure build at Eden I&R
- Populate with existing data
- Secure test partners



**Begin Testing
Jan 2024**



Health & Wellness Work Group

Commission Co-leads

Blake Spears

Jennifer Siebert

Priorities:

- Increase number and scope of case management services
- Close Food gaps and improve congregate Meals
- Develop and distribute a resource guide for seniors and disabled persons to provide connections to providers and services

Goals:

- Transform Senior Centers into Resource Navigation Hubs
- Advocate for wrap around health services to support senior and disabled persons wellness to age in Place

Health & Wellness Stakeholders

Community & City Partners

KTOP

Oakland Senior Centers

Oakland Human Resources

Senior Centers Advisory Council

Oakland Mayor's Commission on Aging

Oakland Assets program participants

SOS Meals on Wheels



Health & Wellness Next Steps

Next Steps:

1. Hire 2 roving Case Managers to provide wrap-around resources, referrals and mental health and other needs assessments to a caseload of 100 clients.

***Funded by Congressional Grant by
CA State Senator Barbara Lee***

- Utilize Seniors Centers for Navigational support based on needs, not membership



Housing Work Group

Commission Co-leads

Asha Benne-Clark
Scott Means

Priorities:

- Assess and improve ability to connect people to housing and supportive services
- Improve systems navigation for seniors and disabled persons

Goals :

- Focus on prevention of homelessness
- Establish and fund 2-year pilot
- Curate List of agencies & organizations to prevent homelessness

Housing Stakeholders Group

Critical partners:

- Rebuild Together Oakland
- City of Oakland Community Housing
- Oakland Senior Centers
- Supportive Housing and Services providers serving Oakland



Housing Work Group - Next Steps

- Develop partnership to provide Home repair resources for seniors and disabled persons
- Curate a list of agencies and organizations focused on homelessness prevention and various housing types



Open Spaces Work Group

Commission Co-leads

Lenore Gunst

Priorities:

- Increase Outdoor Access for Seniors and Disabled Persons
- Collaborate with City Departments to create more appropriate, senior-friendly outdoor space

Goals:

1. Create a multigenerational playground for older adults and persons with disabilities, our families and friends
2. Park will be easily accessible by bike, pedestrians, paratransit and AC transit

Open Space Work Group

Critical Partners and Stakeholders :

Mayor's Commission on Aging

Mayor's Commission on Disabled Persons

D3 City Council Member Carrol Fife

Oakland Dept of Transportation & Safe Streets Team

Miracle Playgrounds

City of Oakland Capital Improvements

East Oakland Neighborhood Collaborative

East Bay Regional Parks

Oakland Bicycle and Pedestrian Advisory Council



Open Spaces Work Group

*Next Steps**

- Prioritize Project with City of Oakland
- Finalize Location
- Develop detailed process and project timeline
- Strategize, Prepare and launch comprehensive fundraising campaign

**Multi-year project*



MCOA Work Plan 2023

THANK YOU Oakland City Council for directing tax revenues from Sugar-Sweetened Beverages to Adult & Aging Services and MCOA initiatives.

THANK YOU for support our MCOA work plan in the City's next 2-year budget.

THANK YOU for supporting Oakland's Seniors and Disabled Persons

