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**Commissioners:** Robert “Bob” Scott (Chair, PRESENT), Blake Spears (EXCUSED ABSENT), Lenore Gunst (PRESENT), Suzi Kalmus (PRESENT), Jacqueline Johnson (EXCUSED LATE), Lisa Malul (ABSENT), Brandon Hemphill (ABSENT)

**Human Services Department (HSD) Commission Staff:** Ana Bagtas, Aging and Adult Services Manager; Marshay Boyd, Commission Clerk

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## **MAYOR'S COMMISSION ON AGING**

Wednesday, September 3, 2025

Oakland City Hall, Hearing Room 1 - One Frank H. Ogawa Plaza

### **Meeting Minutes**

#### **1. Call To Order**

Chair Scott called the meeting to order at 10:04 AM. Giving a brief welcome and explaining that the commission is currently going through the reappointment process to get the current commissioners reappointed, while also recruiting new commissioners to fill the 4 vacant seats. Chair Scott waived the 2-minute rule, allowing the public to speak for longer for this meeting. This meeting will be informational only.

#### **2. Roll Call/Determination of Quorum**

Four commissioners in attendance, a quorum has been established. Chair Scott give thanks to Jessi Cutter for her amazing outreach work she’s done with Aging and Adult Services and Center’s for Elders Independence.

#### **3. Adoption of Agenda**

ACTION ITEM: No action taken.

#### **4. Approval of July 2, 2025 Meeting Minutes**

ACTION ITEM: No action taken; minutes moved to next month’s meeting.

#### **5. Public Comment (Specific Agenda Items, limit of two minutes)**

No speakers at this time.

#### **6. Presentation: University of San Francisco School of Nursing & Health Professions and City of Oakland Partnership: Enhancing the Health & Wellness of the City of Oakland’s Aging & Adult Community through Collaboration and Innovation – Dr. Kelly Fox, DNP, MN, RN**

Vice-Chair Scott welcomed Dr. Kelly Fox to present her presentation.

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Dr. Kelly Fox introduced herself to the commission, providing statistics and information about the collaboration with Oakland's Aging and Adult Services. Dr. Fox gave a brief background on the University of San Francisco (USF), noting that it is a school of nursing that has grown over the years and is dedicated to educating competent and caring health professionals.

The collaboration between the University of San Francisco School of Nursing and the City of Oakland's Aging and Adult Services aims to create sustainable community partnerships. The two groups met on June 3, 2025, to discuss the needs, wants, and priorities of seniors. They compiled and combined concerns to create a plan focused on targeting holistic outcomes for seniors.

Dr. Fox opened the floor for questions. Discussion was had. Commissioner Gunst mentioned that at 10:04 a.m., she received a text message from a foreign number, a scam text requesting money. This brought awareness to the fact that seniors receive these types of messages daily and are extremely vulnerable to scams due to cognitive decline.

Chair Scott thanked Dr. Fox for being a part of the meeting.

#### **7. Chair's Announcements/Reports – Robert Scott, MCOA Chairperson**

Chair Scott opened this item by addressing the topics to be discussed. The meeting with Mayor Lee was rescheduled to September 12, 2025, at 2:00 p.m., with a request that commissioners arrive 15 minutes early to prepare. The commission expressed appreciation for the opportunity to meet with the mayor to discuss important topics and gain public support for the strategic plan.

Commissioner Gunst provided background on the planned structure of the meeting. She noted that if commissioners are unable to attend, the meeting should be rescheduled to ensure a full quorum. Chair Scott disagreed, stating that the meeting should proceed even if he is the only commissioner present.

Chair Scott acknowledged that two commissioners, Jennifer Seibert and Asha Beene-Clarke, have termed out and deserve recognition for their outstanding work on the commission. Commissioner Lenore Gunst will also be terming out but will continue serving through December 2025 as a holdover until new commissioners are recruited. Chair Scott requested confirmation from City staff to ensure the process aligns with applicable rules and regulations.

The commission is currently in the process of recruiting new commissioners and will be posting the openings publicly, seeking individuals who are passionate about making a difference. Commission terms are limited to two terms, with each term lasting three years.

Chair Scott opened the floor for ideas regarding recruitment. Commissioner Kalmus's microphone was not on. It was noted that the MCOA role description needs to be reviewed before recruitment materials are posted. Commissioner Johnson's microphone was also not on.

Chair Scott asked Marshay whether the commission must go through the city to post about MCOA recruitment. Marshay responded that public recruitment is at the commission's discretion. Commissioner Gunst suggested making presentations at senior centers and tabling at community events. She emphasized the importance of recruiting commissioners who are willing to be active in the work, noting that the commission is meant to be the "voice of the people" and has been losing sight of that purpose.

Chair Scott agreed, adding that commissioners are expected to participate actively. He stated that the Chair and fellow commissioners should not have to persuade members to engage, "Either be on the commission and be active, or don't be on the commission."

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The commission agreed to revise the role description and expectations for new incoming commissioners. Marshay volunteered to create the MCOA recruitment flyer and will locate the current role description to send to Chair Scott.

**8. Human Services Department/Aging & Adult Services Report – Ana Bagtas, Aging and Adult Services Manager, HSD**

Chair Scott opened this item and turned it over to Ana for her report.

Ana began by discussing MCOA recruitment, suggesting that the commission create a recruitment packet to use for outreach, both in person and online, and to include in a press release. She also recommended presenting recruitment information at advisory council meetings to encourage participation.

Ana shared that the city has a new Assistant City Administrator, Michelle Phillips, starting this week. ACA Phillips will oversee the Human Services Department. The Human Services Director position closed on August 14th, and 78 applications were received, vetted, and advanced to the interview process. ACA Phillips will select the new director.

Commissioner Gunst asked to be notified if commissioners can participate in the interview process.

Ana reported that advocacy efforts have been effective. The senior centers were down to two employees whose terms expired in August and were not initially included in the budget. The East Oakland Senior Center, in partnership with the NAACP, advocated to retain these support staff. They went to City Council and collected signatures, resulting in the City Administrator extending both staff contracts for another year. Ana noted that the West Oakland Senior Center has unfortunately experienced vandalism and theft due to being unoccupied. The goal is to reopen the center in November. However, reopening cannot proceed until all director positions are filled. The HR process has been slow, and staff are working to establish an ELDE position as a temporary holdover until permanent hiring is completed.

The CAL-AIM program is moving forward, in collaboration with the Senior Services Coalition, led by Wendy Peterson. This six-month project will develop a program for Oakland, which will be housed at the senior centers.

Construction continues at the Brookfield Library, which is connected to the East Oakland Senior Center and is currently affecting center operations. Staff are working with the construction team to minimize disruptions.

Ana also shared that an intern has been assigned to assist with drafting the strategic plan, which is great progress. The intern will remain with the team until mid-September.

Ana opened the floor for questions. Commissioner Johnson's microphone was off. Commissioner Gunst asked how the writing of the strategic plan will impact the commission's schedule. Ana responded that a draft of the plan will be presented at the October 2025 meeting. The October meeting will be held in the community at the Downtown Oakland Senior Center.

Chair Scott then opened the floor for public comment.

**9. Update on the 5-Year Strategic Plan: Ana Bagtas, Aging and Adult Services Manager, HSD**

This item was addressed in item 8.

**10. Advocacy Updates: Lenore Gunst, Commissioner**

Chair Scott opened this item and turned it over to Commissioner Gunst.

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Commissioner Gunst provided an update on the meetings she has attended. She shared that the Budget Advisory Commission held a series of forums where they asked for public input on the budget process. Each council member hosted a forum in their respective district. Commissioner Gunst reported that the commission provided strong and specific feedback, noting that the forums were not participatory as intended, as most of the discussion was led by staff rather than the community.

She stated that the commission's approach to the Budget Advisory Council played a key role in securing funding for the Human Services Director position. Commissioner Gunst emphasized that advocacy must be clearly defined within the commissioner role and that it cannot rest on one individual, it should involve the entire commission.

She also discussed Measure W, noting that the commission hopes to secure a portion of this funding to support senior centers. However, she emphasized that the commission would need to defend and advocate strongly for these funds.

Chair Scott offered to serve as the commission's representative at the Senior Services Coalition annual meeting.

#### **11. MCOA Orientation/Presentations to Senior Center Advisory**

Commissioner Gunst volunteered to attend the senior center advisory council meetings, only if another commissioner will join her. Asked Marshay to get us the dates and get us on the agendas for these meetings September through October.

#### **12. Open Forum (Limit of two minutes)**

Community member Kevin Beachman commented on the presentation, noting several areas for further consideration in the collaboration with USF. He emphasized the importance of including mental health services, cancer care awareness, financial and safety resources, elder care, hospice and family support, nutrition, and information on chronic diseases and treatment.

Kevin also shared that the partnership should go beyond serving as a learning opportunity for nursing students. He encouraged viewing seniors as valuable resources who bring experience and insight. He highlighted the importance of language diversity among students and suggested having seniors serve as visible faces of the collaboration, promoting a "seniors helping seniors" approach.

He noted that many seniors are also caregivers, and that support should be framed as community partnership rather than charity. Chair Scott invited Kevin to apply to join the commission, and Kevin shared that he had already submitted his application

#### **13. Closing Remarks & Adjournment**

Meeting adjourned at 11:58am.

ACTION ITEM: No action taken.

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# University of San Francisco School of Nursing & Health Professions and City of Oakland Partnership

Enhancing the Health & Wellness of the City of  
Oakland's Aging & Adult Community: Design and  
Innovation

September 3, 2025

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# USF & SOHNP Mission

## USF Mission

*To Change the World for Better*

## SONHP Mission

*To improve the health of all populations through equitable & compassionate service, values-driven research, and innovative nursing & health professions education preparing leaders to use their hearts, minds & souls to change the health of the world.*



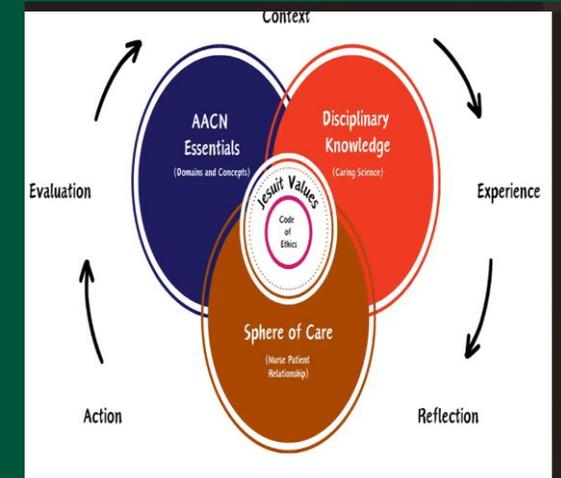
# Professional & Educational Foundation

1		Knowledge for Nursing Practice
2		Person-Centered Care
3		Population Health
4		Scholarship for the Nursing Discipline
5		Quality and Safety
6		Interprofessional Partnerships
7		Systems-Based Practice
8		Informatics and Healthcare Technologies
9		Professionalism
10		Personal, Professional, and Leadership Development
11		Integration of Jesuit Values in Nursing Practice

AACN Essentials



Caring Science Theory



USF SONHP Curriculum Transformation Conceptual Model

# USF & City of Oakland

## Targeted Outcomes

- 1) Health & **Safety** (Healthier Communities & Quality of Life)
- 2) Engaged and Confident Seniors
- 3) Alleviate the stresses of today's world
- 4) Combat social isolation

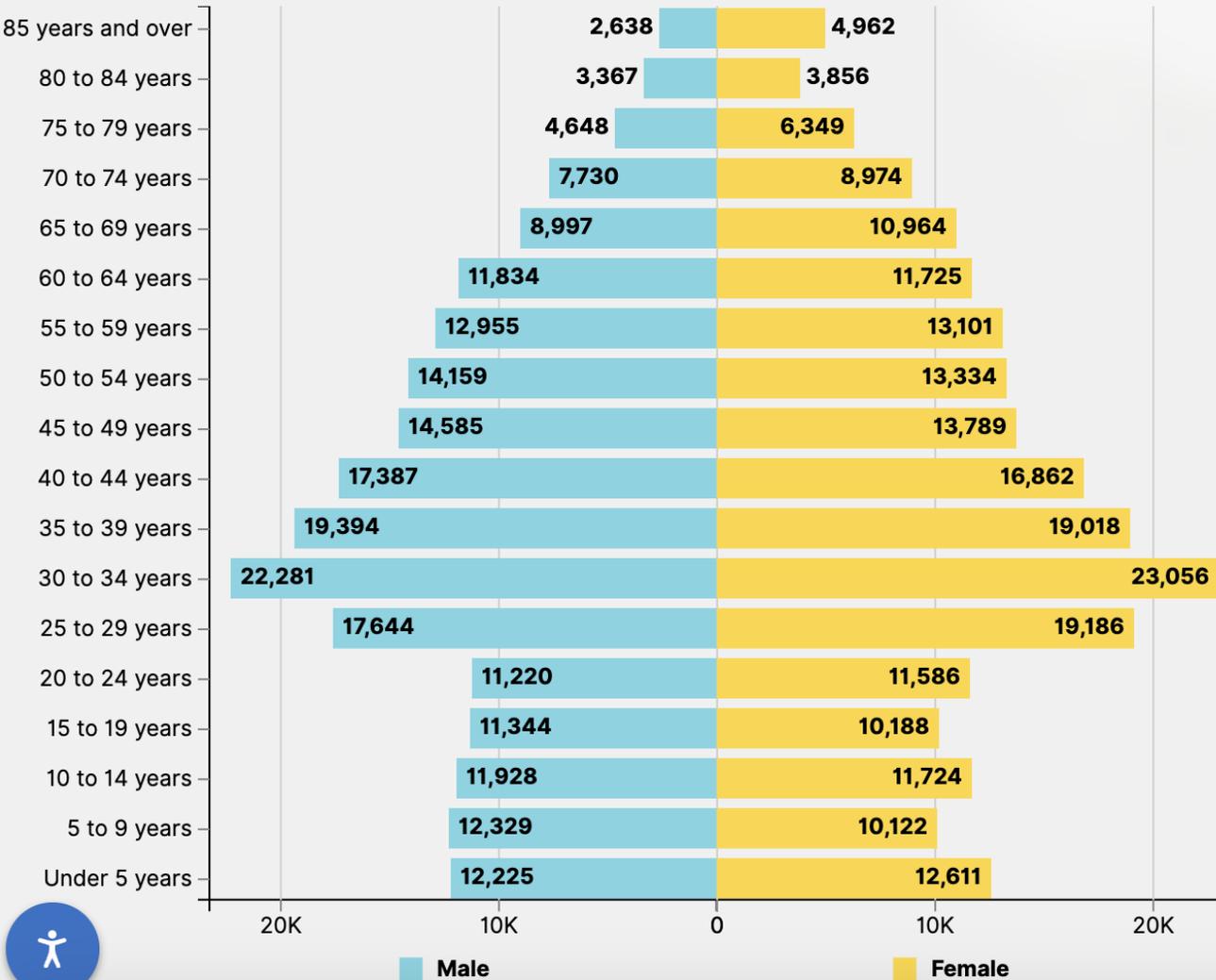
- **Safer neighborhoods**
- Connected Seniors/Clients
- Better informed Seniors/Clients
- Enhanced mobility (physical and transportation)
- Build a strong community → relationships
- Better health management /care plan
- Increase senior hub members' and community involvement
- Better understanding of the system → advocacy strategies
- Build trust (neighborhood watch and ambassadors)



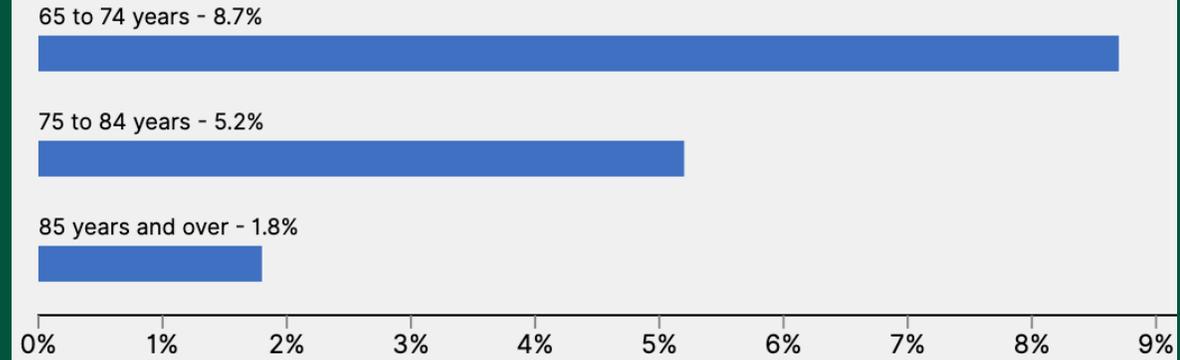
# Violence among Older Adults

# Demographics, Age

Oakland city, California



Older Population by Age  
in Oakland city, California

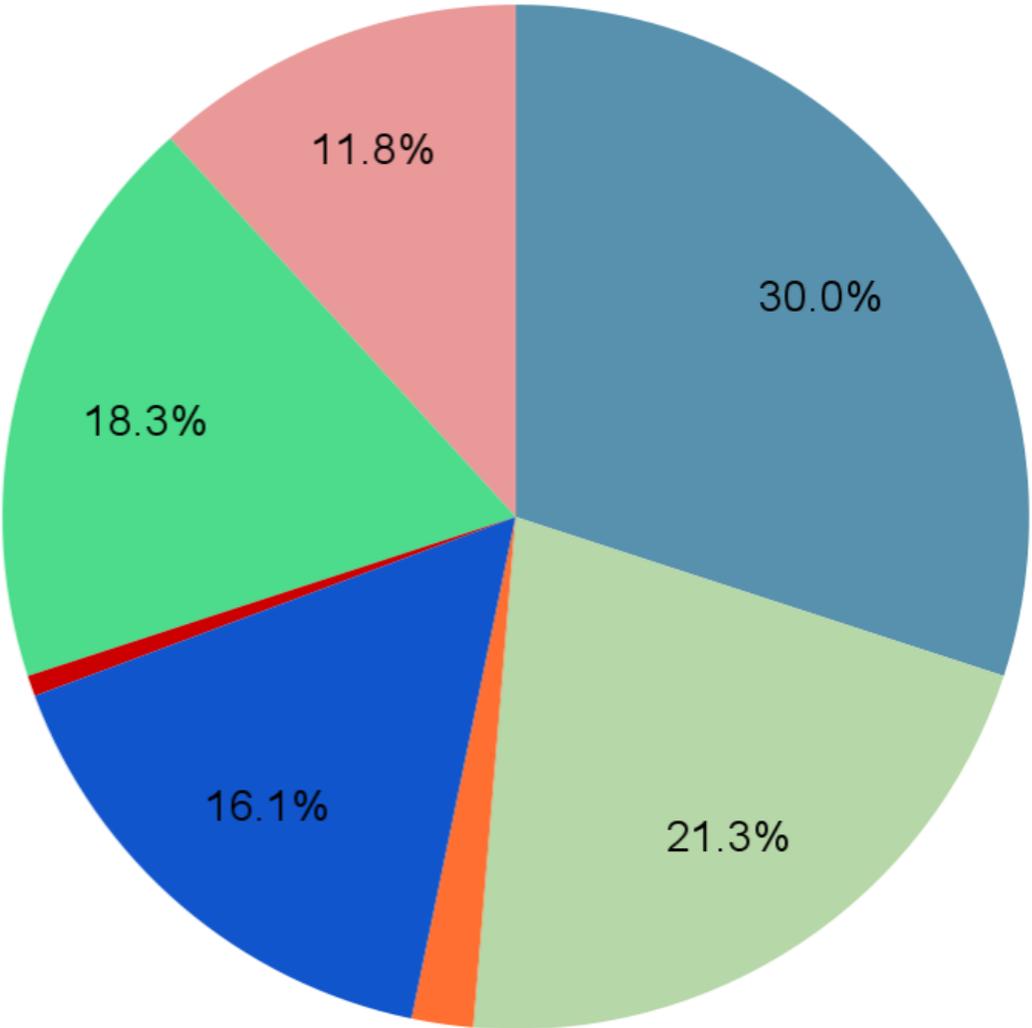


- **By 2030, 25% of Alameda County will be older adults**
- **By 2060, older adults in Alameda County are projected to comprise almost a third of the population with the most significant growth among those 85+**

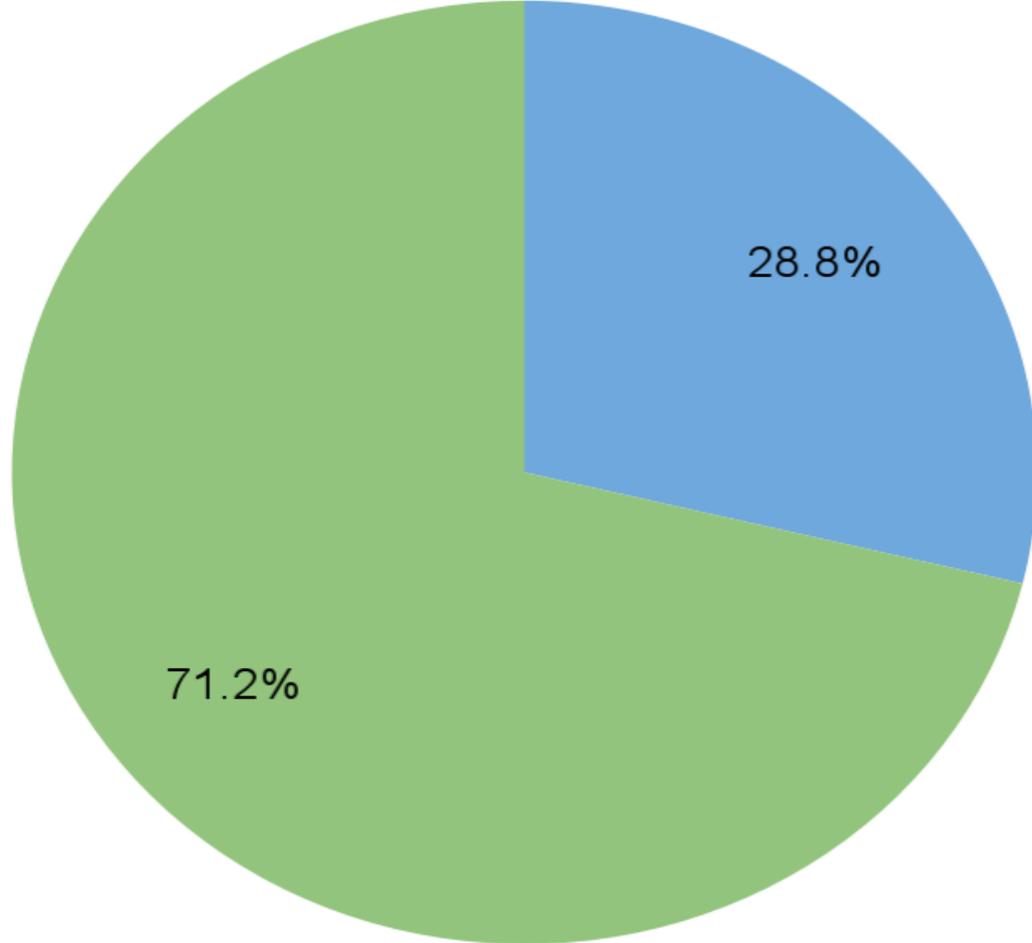


# Demographics, Race/Ethnicity

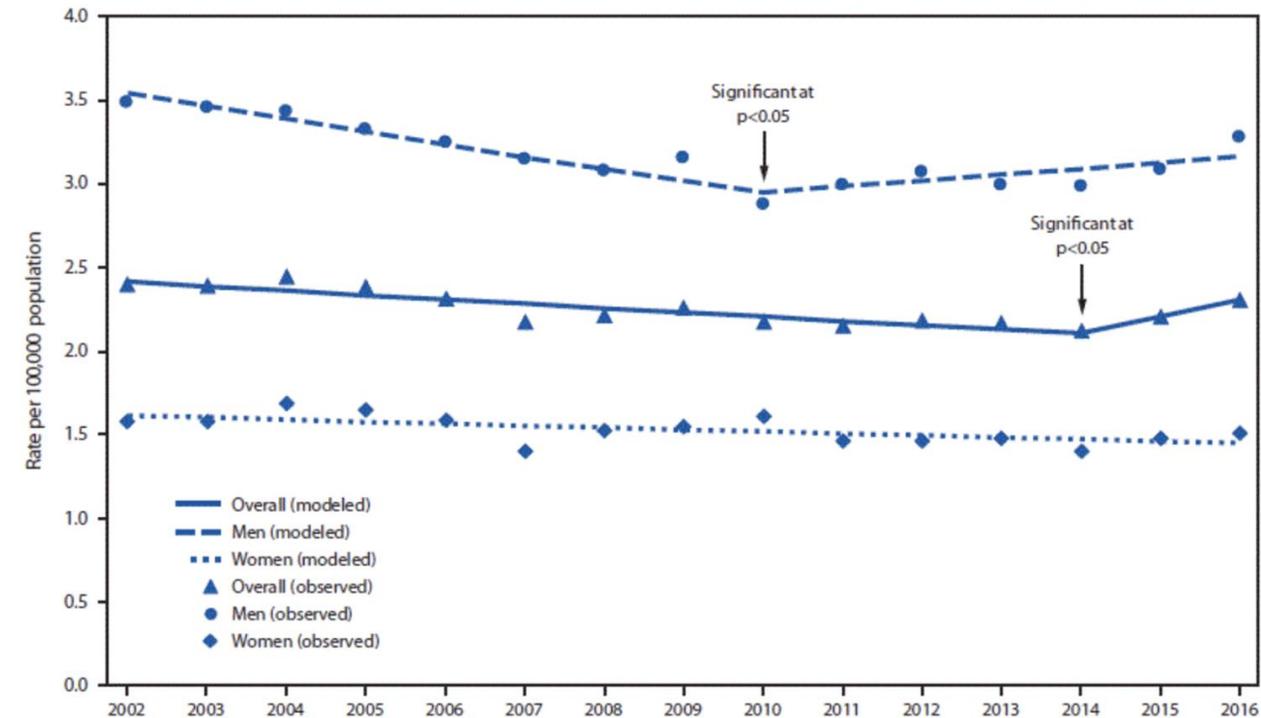
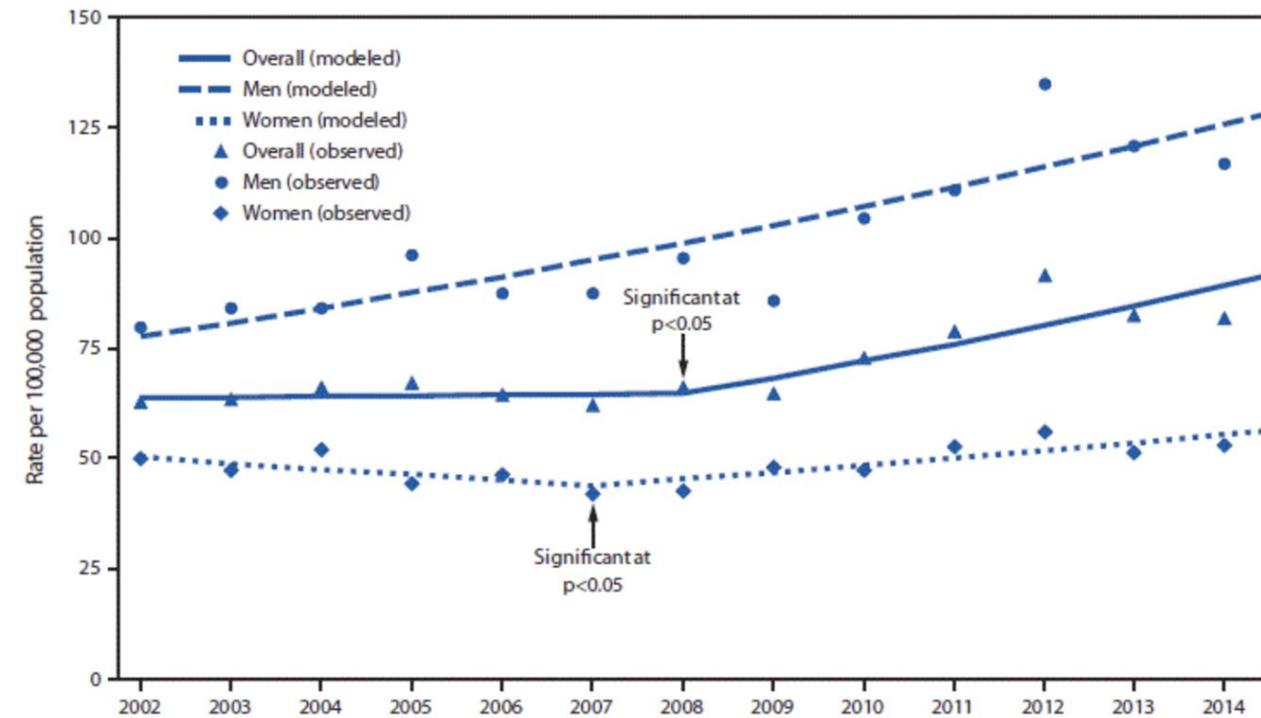
- White
- Black/AA
- AIAN
- Asian
- NHOPI
- Other Race
- Multiple Races



- Hispanic/Latino
- Not Hispanic/Latino

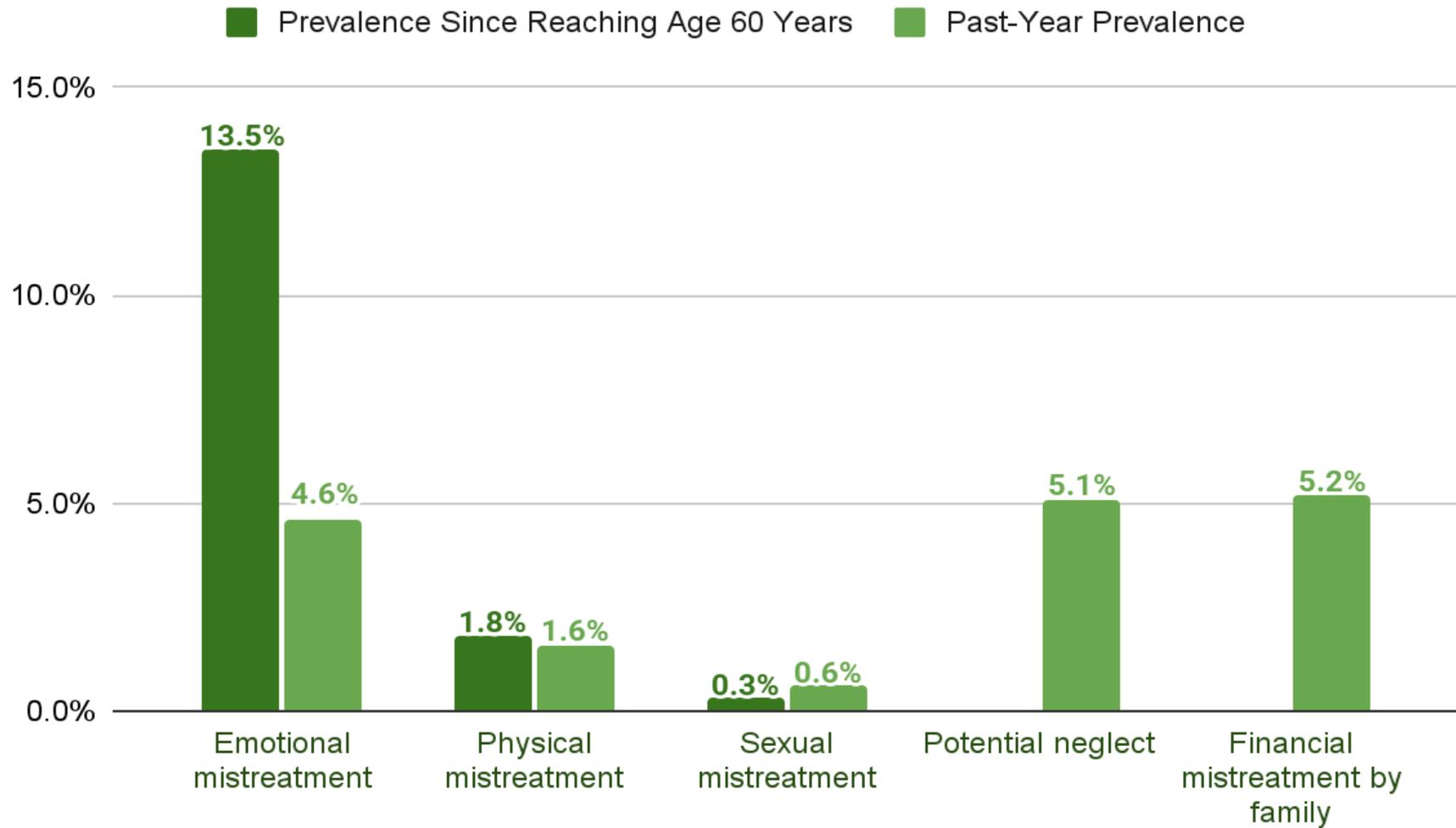


# Nonfatal assaults and homicides among older adults over time



- Nonfatal assault rate increased 75.4% among men and 35.4% among women
- Overall homicide rate declined 12.8%, yet in the later years, the homicide rate increased by 7.1% among men and 19.3% among older men aged 60-69 years

# Prevalence of Mistreatment Types: The Prevalence of Mistreatment of Older Adults using the National Elder Mistreatment Study



- **13.5% experienced emotional abuse**
- **Almost 2% experienced physical mistreatment**
- **Over 5% experienced neglect**
- **Over 5% experienced financial mistreatment by family members**

# Additional Concerns

## Racial/ethnic and gender disparities

- More limited data on older adults
- Stigma
- COVID-19 pandemic effects
- Polyvictimization

# Addressing the problem

## Social support

- Community resources
- Improved housing that maximizes communal interaction
- Familial and community programs to connect seniors to family and neighbors
- Affordable transportation

## Previous trauma

- Screening
- Treatment
- Awareness

# Society, Healthcare Professionals & Health Care Educators Developing a Competent Health Workforce: **A Call to Action!**

## Key steps include:

1. Require health professional training and education in working with older adults.
2. Work with policy makers to advocate for a community that supports healthy aging.
3. Shift societal views of aging and mitigate ageism.

National Academy of Medicine (Maxwell et al., 2025)



# University of San Francisco School of Nursing & Health Professions

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Collaborations & Opportunities

Public health is  
“what society does  
collectively to assure  
the conditions for  
people to be healthy.”

Institute of Medicine



# Potential collaborations

## Needs assessment & program evaluation

- e.g. identification of priorities and gaps; quality improvement

## Health education & promotion

- e.g., digital health literacy, nutrition, mobility, aging in place

## Social engagement & support

- e.g. civic engagement, intergenerational connections, caregiver support

## Navigating access to resources

- e.g. healthcare, insurance, food security, housing

## Policy advocacy

- e.g., Medicare, SS, affordable housing

## Grantwriting

- e.g. literature search, data analysis and visualization

# Nurse-Led Clinics: **Design**

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**Definition:** Wong and Chung (2006) defined nurse-led clinics as a formalized and structured healthcare delivery mode that involves a nurse and a client, where the nurse can work independently or interdependently, with other members of the multidisciplinary healthcare team (Wong & Chung, 2006).

- **Settings:** community, school, church, primary care, employer-based
- **Services:** Primary Care, Health Assessment, Prevention and Wellness Education, triage/referral, care coordination
  - At Risk Populations
  - Purpose: increase access to care and decrease cost
  - Today: Aging population and chronic disease management
- **Providers:** Nurses, Nurse Practitioners, Public Health
  - Vital Role

# NURSE-LED CLINICS: OUTCOMES



Increase Access to Care



Improve Health Outcomes



Increase Satisfaction



Connolly C., Cotter P. (2023). Effectiveness of nurse-led clinics on healthcare delivery: An umbrella review. *Journal of Clinical Nursing*, 32(9-10), 1760–1767. <https://doi.org/10.1111/jocn.16186>

# USF Public Health & Nursing Students in Action



Health & Wellness  
Education

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Blood Pressure Clinic

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Foot Clinic

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Wound Clinic

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# Next Steps

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- **Develop plan and address violence & safety** impacting seniors and adults in the City of Oakland
- **Strategic collaboration** with the City of Oakland (a WHO Age Friendly City) Oakland Health & Wellness Senior Centers and University of San Francisco (USF) (an Age-Friendly University) to create sustainable community partnerships.
- Development of a **task force to identify actionable deliverables** including the City of Oakland's Human Services Department, Aging & Adult Services division, the City of Oakland's Mayor's Commission on Aging, and the USF School of Nursing and Health Professions and other transdisciplinary departments.

# Partnership & Co-Design

Enhancing the Health & Wellness and Safety of the City of Oakland's Aging & Adult Community: Design and Innovation...

**IN ACTION!**

